

## Vaccines for Adults

### All adults

- **COVID-19 vaccine:** Get COVID-19 vaccine primary series and booster dose.
- **Influenza (flu):** Get a flu vaccine every year.
- **Tetanus-diphtheria-pertussis (Tdap):** Get 1 dose of Tdap vaccine if you did not get it as an adolescent. Then, get Td (tetanus-diphtheria) or Tdap vaccine every 10 years after that.
- **Varicella (chickenpox):** If you never had chickenpox and were never vaccinated against it, you need 2 doses of varicella vaccine.
- **Hepatitis B:** All people aged 19-59 years and people aged 60 and older with risk factors should receive the hepatitis B vaccine. People aged 60 and older without known risk factors may also receive the hepatitis B vaccine. Talk to your health care provider.
- **Human papillomavirus (HPV):** Catch-up vaccination is recommended for everyone through age 26 years. For most people it means a total of 3 doses. Check with your health care provider.
- **Measles-mumps-rubella (MMR):** If you were born in 1957 or later, you need at least 1 dose of MMR. Those going to or working at a school or institute of higher education, travelers, and health care workers need 2 doses.
- **Zoster (shingles):** People 50 years or older need 2 doses.
- **Pneumococcal:** Everyone 65 years and older needs pneumococcal vaccination. The type and number of doses will be determined by your health care provider.

### Pregnant people

- **COVID-19 vaccine:** Get COVID-19 vaccine primary series and booster dose if you have not been vaccinated.
- **Influenza:** It can be given anytime during pregnancy. It will also protect your baby.
- **Tetanus-diphtheria-pertussis (Tdap):** Get a Tdap during every pregnancy. Tdap is typically given during the 3rd trimester so it benefits your baby.

### Adults (19 years and older) with certain medical conditions or special situations

- Adults living with certain health conditions or other special situations are at increased risk for some vaccine preventable diseases and have special immunization recommendations, such as for **hepatitis A, hepatitis B, meningococcal, pneumococcal, and/or shingles vaccines**. Refer to CDC's [Adults with Health Conditions](#) for more information and talk to your health care provider about what vaccines you need.

### Travelers

- If you're traveling outside the United States, you may need to be vaccinated against **hepatitis A, hepatitis B, measles, mumps, rubella, influenza, meningococcal, yellow fever, typhoid, rabies, or Japanese encephalitis**. Refer

to [Immunization Information for International Travelers](#) and talk to your health care provider about where you're traveling.