

Monkeypox MPX Palmcard ASL

Monkeypox (MPX) is a viral infection that can spread through prolonged skin-to-skin contact including:

Touching rash, scabs, or body fluids from a person with MPX

Sharing objects and fabrics (e.g., clothing, bedding, sex toys, towels) used by someone with with MPX

Sex, hugging, massage, and kissing

What You Can Do

The best ways to prevent MPX are to:

☑ Avoid prolonged skin-to-skin contact, including

sex, with people who may have MPX

☑ Not handle items used by people with MPX

Get more information at:

<https://www.health.state.mn.us/diseases/monkeypox/palmcard.pdf>