

Information for Caregivers

The Centers for Disease Control and Prevention (CDC) recommends everyone 6 months of age and older get a COVID-19 vaccination. Because children and youth with specialized health needs and disabilities may be at higher risk for more severe illness from COVID-19, families and caregivers are asked to strongly consider vaccinating children with any underlying health condition or disability.

For more information on vaccines recommended for specific age groups including booster doses visit [CDC: COVID-19 Vaccines for People Who Are Moderately or Severely Immunocompromised](#).

- Youth with underlying medical conditions can receive a COVID-19 vaccine. A person should not receive the vaccine if they have had a life-threatening reaction (a reaction that requires an epi pen) to any of the ingredients in the COVID-19 vaccine.

WHAT IS IN THE VACCINE? The health care provider giving the vaccine will provide you with an emergency use authorization (EUA) fact sheet that has a detailed ingredients list. They can answer any questions about allergies. None of the vaccine products for any age group contain eggs, preservatives, or latex.

The Pfizer vaccine for people 12 years and older contains:

- mRNA
- Lipids
- Salts
- Sugar

The Pfizer vaccine for children 6 months through 11 years contains:

- mRNA
- Lipids:
- Salts:
- Buffers:
- Sugar

The Moderna vaccine contains:

- mRNA
- Lipids:
- Salts:
- Acids:
- Buffers:
- Sugar

The Novavax vaccine contains:

- Recombinant form of the SARS-CoV-2 spike protein produced from baculovirus infected Sf9 (fall armyworm) insect cells and MatrixMTM adjuvant containing saponins derived from the soapbark tree
- Lipids:
- Salts:
- Other ingredients