

Information on Additional Boosters

Updated guidance on who may get a second booster shot

- On March 29, 2022, the Food and Drug Administration (FDA) amended the emergency use authorization for the Pfizer and Moderna COVID-19 vaccines to include a second booster dose for people 50 years or older and people with certain immunocompromising conditions.
 - They updated the authorizations after reviewing available evidence, which shows that a second booster dose of the Pfizer or Moderna COVID-19 vaccine (both mRNA vaccines) could improve protection against severe COVID-19, especially among the elderly and those with a very weak immune system and that it is safe.
- CDC also updated information for who may get a second booster shot:
 - People age 50 years and older.
 - People age 12-49 years who have certain immunocompromising conditions.
 - People age 18 and older who received Johnson & Johnson COVID-19 vaccine for their initial dose **and** booster dose.
- For these groups, the second booster shot should be given at least 4 months after the first booster and it should be either the Pfizer (12+) or Moderna (18+) vaccine.
- Talk to your health care provider about getting a second booster. They can help answer questions and determine if a second booster shot is right for you.
- There may be guidance for others to get an additional booster shot in the future, but right now, a second booster is only being allowed for these specific groups.
- Completing your primary vaccination series and getting a booster dose when due remains the most important way to protect yourself and others from COVID-19.
- COVID-19 vaccines continue to be very good at preventing severe disease, hospitalization, and death.
- Make sure you and your family are up to date on any COVID-19 vaccine doses you are recommended to get to have the best protection against COVID-19.

How to get a second booster shot

- Minnesotans who are eligible for a second booster can talk to their health care provider or other providers offering COVID-19 vaccines, such as pharmacies, health care systems, community clinics, local public health agencies, and tribal health agencies.
- You can visit [Find Vaccine Locations](#) to find a provider near you.
- People can also call the Minnesota Department of Health COVID-19 Public Hotline: 1-833-431-2053 between 9:00 a.m. and 7:00 p.m., Monday through Friday and 10:00 a.m. and 6:00 p.m. on Saturdays.