

## How to take COVID-19 test at Home?

### About the test

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- Saliva tests are provided to all Minnesotans at no cost, whether or not you have insurance.
  - If you have insurance, you will need to provide your information so your insurance company can pay for your test. If your insurance does not pay for COVID-19 tests or does not pay enough, the state will cover the cost. If you do not have insurance, the state will pay for your test. Do not pay your insurance company or the testing provider for your COVID test.
  - Do not enter your credit card information on the Vault website. If you are asked for this information, please close out of your browser and click the ordering link above to try again. You may need to open the link in a new private or incognito browser. Vault also provides paid tests nationally, so it's important for Minnesotans to access the site through the above link to ensure they can get tests at no cost. If you have been charged for a test, please send an email to [testathome.mdh@state.mn.us](mailto:testathome.mdh@state.mn.us).
- Both adults and children can use these tests, though they may not work well for children under age 4, who may not have enough saliva. An adult 18 or older must request a test for a child. Currently, a unique email address and account is required for each person who needs a test. This may mean that you have to create a new email for each of your minor children and household family members.
- Saliva testing may not be right for those with low saliva production, such as young children or someone who has suffered a stroke.

### How to take the test

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Do not eat, chew, or drink anything (even water) for at least 30 minutes before you take your test.

When you are ready to take the test, you will [log in to access the the Vault virtual waiting room](#) and do a video visit with a Vault test supervisor. You may have to wait for some time in the

virtual waiting room, as a lot of people are taking tests. The test supervisor will give you instructions and make sure you do the test the right way.

You will then send the test to a Vault lab in Minnesota or New Jersey using the prepaid package that came with the test. Once it arrives at the lab, you will get your test results by email in 24-48 hours.