

## WHAT TO DO WHILE YOU WAIT FOR TEST RESULTS

It may take several days to get your test results by email, text, or phone call.

Stay home and away from others if you have symptoms or have been close to someone with COVID-19

If your symptoms get worse, contact your health care provider.

For more information, visit [health.mn.gov](https://health.mn.gov) COVID-19 HOTLINE: 1-833-431-2053

## PROTECT YOURSELF AND OTHERS.

- If your test is positive, stay home for at least 10 days.
- If you were in close contact with someone who has COVID-19, the safest option is to stay home and away from others for 14 days.
- In some situations, you may consider being around others after 10 days, or seven days with a negative COVID-19 test result.

For information on when to end your quarantine, visit [health.mn.gov](https://health.mn.gov).